All mothers and babies are welcome to join us for a drink and a chat. We will be able to answer any questions you have about feeding your baby.

**MONDAY**
- 10:30am - 12:00pm | Orchard Children’s Centre  
11:30am - 12:30pm | Newbury Hall Children’s Centre  
1:30pm - 3:00pm | Cranbrook Children’s Centre  
**TUESDAY**
- 11:00am - 12:00pm | Aldersbrook Children’s Centre  
12:00pm - 1:00pm | Loxford Children’s Centre  
2:00pm - 3:00pm | Christchurch Children’s Centre  
**WEDNESDAY**
- 12:00pm - 1:30pm | Wanstead Children’s Centre  
**THURSDAY**
- 10:00am - 12:00pm | South Woodford Health Centre  
1:30pm - 3:00pm | Hainault Health Centre  
1:45pm - 3:00pm | Thackeray Drive Children’s Centre  
**FRIDAY**
- 11:00am - 12:30pm | Peabody Children’s Centre  

*Please note: Groups do not run on bank / public holidays (e.g. New Years Day) and may be subject to change. Timetable updated 2nd June 2015.*